

## Marine Bone Discovery™

This formula assists in the stimulation of inner bone growth for bone rejuvenation and outer bone ionic mineralization for better bone strength. \* Carefully selected marine sourced ingredients include pearl powder, ionic mineral seaweed source, and brown seaweed extract naturally help rejuvenate and help restore both inner and outer bone.

\* Added vitamin K2 helps keep calcium out of the blood and into the bone where it belongs. Vitamin D3 helps activate bone formation and mineralization. Formulation is NON-GMO and Halal Certified. \*

## **Product Image**



## **Supplement Fact/ Product Formulation**

	Amount Per Serving	% DV*
Vitamin D3 (as cholecalciferol)	25 mcg	125%
Calcium (from calcium carbona Aquamin® TG sea minerals, dica phosphate and pearl powder)		44%
Phosphorus (as dicalcium phos	phate) 38 mg	3%
Magnesium (as magnesium ox citrate and Aquamin® TG sea i	The state of the s	23%
Proprietary Bone Support Blend Pearl powder, Aquamin® TG sea extract (30% fucoxanthin), Boro glycine complex), Vitamin K (as	n (as citrus, aspart	
* Daily Values (DV) are based on a 2,000 ca ** Daily Value not established.	lorie diet.	
Other ingredients: Bovine gelati and magnesium stearate.	in (capsule), rice f	flour,

\*These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to treat, cure or prevent any disease.

\*Note: Please view our Marine Bone Discovery promotional video by Edward R. Gibson. (Click Link:)

https://www.youtube.com/watch?v=6iPMCatMVdA

This video is available for use as an advertisement

Ingredient/ dosage	Research	Benefits	Story/Claims
Aquamin® TG Sea Minerals 278 mg	Aquamin literature	72 ionic marine minerals  Living minerals Plant minerals Marine minerals  Supports outer bone mineralization with good source of ionic calcium plus 71 other minerals and inner bone structure.	Bones need all 72 ionic minerals which come from the sea to support both inner bone growth and outer bone mineralization.  "ionic" vs rock minerals. Sea based substances are more conducive to the body than ground up rocks, land-based sources of minerals
	Aslam MD, et al. A Mineral-Rich Extract from the Red Marine Algae Lithothamnion calcareum Preserves Bone Structure and Function in Female Mice on a Western- Style Diet. Calcif Tissue Int. 2010 April; 86(4): 313–324. doi:10.1007/s00223- 010-9340-9.	Red marine algae, especially those of the coralline family, extract minerals from salt water and concentrate the minerals as carbonate salts in their fronds. The fronds of the red algae become so highly mineralized that they are essentially devoid of substances (phytols, agar, alginate, carageenan) common to many algae. The mineral-rich fronds have been utilized as a source of multiple trace elements in agriculture for years [34,35]  In the cortical (outer bone) analysis there were reductions in bone mineral content, tissue mineral density, mean cortical thickness, and cortical tross-sectional area in mice eating a Western Diet. This was observed in both femora and tibiae. In the trabecular analysis (inner bone structure), female mice on the Western diet had lower bone mineral content, tissue mineral	Mice eating high corn oil and mineral- deficient "Western Diet" with 20% corn oil had weak inner and outer bones. When supplemented with red marine algae (Aquamin) their bones stayed strong in inner bone and outer bone.  The red algae seaweed supplement eliminated the bone problems caused by the Western Diet.  Compared to another group of mice on a lowfat diet, the algae supplemented mice on Western Diet had increased mineral content and bone strength – even though calcium levels were the same.  Demonstrates the need for more minerals besides calcium alone
		density, and bone volume fraction, due to decreases	Red algae stimulates inner bone growth which

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	in both trabecular number and thickness.  Female mice that received the mineral-rich marine red algae extract as a supplement while consuming a western diet did not demonstrate bone mineral loss and had strong inner bone as well.  The bone defects in female mice	promotes healthy mineralization of outer bone. Red algae provides a wide spectrum of minerals to be deposited on bone – not just calcium.
Aquamin, Shandon Clinic. 2005	were overcome.  Prevents calcium from leaching from bone in postmenopausal women	
O'Gorman DM, et al. The marine-derived, multi-mineral formula, Aquamin, enhances mineralization of osteoblast cells in vitro. Phytother Res. 2012 Mar;26(3):375- 80. doi: 10.1002/ptr.3561. Epub 2011 Jul 12.	Red algae promotes increased mineralization and bone formation in osteoblast cell culture. (O'Gorman)	Red algae promotes new bone cells and greater mineralization of these cells – both inner and outer bone improvement. (O'Gorman)
Widaa A, et al. The Osteogenic Potential of the Marine-Derived Multi-Mineral Formula Aquamin Is Enhanced by the Presence of Vitamin D. Phytother Res. 2013 Jul 19. doi: 10.1002/ptr.5038.	In vitro. This study demonstrates that Aquamin aids osteogenesis, and that its osteogenic response can be enhanced by combining Aquamin with Vitamin D3. (Widaa)	Aquamin aids growth of new bone cells. This growth is further strengthened by combining with Vitamin D3. (Widaa)

	[Epub ahead of print]		
	https://ods.od.nih.gov /factsheets/Magnesiu m-HealthProfessional/ Accessed Apr 11, 2018.	Magnesium contributes to the structural development of bone  Magnesium deficiency is a risk factor for osteoporosis.	
Pearl powder 300 mg	Li X., et al. "Study on Bioavailability of pearl", Journal of Pharmacology and Clinical Study of Chinese Medicine 1998, 14(2): 40-41	Pearl powder is absorbed twice as efficiently as conventional calcium carbonate	
	Shen Y, et al. In vitro osteogenetic activity of pearl. Biomaterials. 2006 Jan;27(2):281-7. Abstract.	PEARL IN VITRO: Cell culture reveals that pearl could stimulate osteoblast proliferation, which proceeded more quickly and smoothly than that on shell nacre and hydroxyapatite (HA), and abundant extracellular matrix occupied the whole pearl surface by 5 days. It is concluded that pearl is a superior osteoinductive material with high osteogenetic activity. (Shen, 2006) [Pearl is very similar to nacre, mother of pearl, but in this study it performed better for osteogenesis.]	Stimulates inner bone growth. In vitro study, stimulated new bone growth by 5 days (Shen)  The pearl is more effective than mother of pearl for inner bone growth. (Shen)
	Lamghari M, et al. Stimulation of bone marrow cells and bone formation by nacre: in vivo and in vitro studies. Bone. 1999 Aug;25(2 Suppl):91S- 94S.	NACRE IN VIVO AND IN VITRO: [Pearl injected into holes in sheep bone] By 12 weeks, the experimental cavity was occupied by newly matured bone.  Trabeculae in contact with	Pearl is "superior" in terms of growing new inner bone.  Pearl is completely compatible with human bone. It can stimulate new bone growth, and
		or adjacent to the dissolving nacre (grew new	increase mineralization, which enhances bone

	<b>bone).</b> The functional new	density
	bone trabeculae were	
	covered with osteoid lined	Good for both inner and
	with osteoblasts, indicating	outer bone. The author
	continuing bone formation.	states it is the "perfect"
	The in vitro study on rat	bone supplement.
	bone marrow explants	(Lamghari)
	cultured with a water-	
	soluble extract of the nacre	
	organic matrix also resulted	
	in the stimulation of	
	osteogenic bone marrow	
	cells with enhanced alkaline	
	phosphatase activity. <b>Thus,</b>	
	both the in vivo and in	
	vitro findings suggest that	
	nacre contains one or more	
	signal molecules capable of	
	activating osteogenic bone	
	marrow cells. (Lamghari,	
	1999)	
Rousseau M. Nacre, a	Cell culture shows that	
Natural Biomaterial.	pearl has the same	Pearl is nearly identical to
Chapter 14.	osteogenic activity as shell	nacre, but slightly better.
www.intechopen.com	nacre. (Rousseau)	
/download/pdf/23629	nacie. (Nousseau)	
	Pearl is a "biomineral" that	
	contains both minerals and	Contains both minerals
	proteins and stimulates	and proteins for both
	biological activity for inner	inner and outer bone.
	bone growth. (Rousseau)	
	bolle growth. (Rousseau)	
	Rare absorbable calcium	
	crystal	
	(Aragonite) (Rousseau)	
	(Aragorite) (Nousseau)	
	Rare combination of	
	minerals layered with	
	protein (nacre structure)	
	binds with bone (Rousseau)	
	bilius with bolle (Nousseau)	
	In vivo: mice that received	
Wang H, et al. The	the pearl powder	
healing effect of pearl	-	
formula on mice with	formulation experienced	
osteoporosis." Acta	significantly higher bone	
Academae Medicine	calcium content, bone	
Shanghai 25(1):43,	mineral density, and total	
1998	bone weight in comparison	
Wu Z., et al. Study of	to the mice that did not.	
vva Z., Et al. Study Ol		

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the effect of pearl formula osteoporosis., Chinese Traditional Patent Medicine, 23(10):766-768, 2001 In Research Summary	(Wang H)	
Wang X, e al. Pinctada fucata mantle gene 5 (PM5G5) from pearl oyster mantle inhibits osteoblast differentiation. Biosci Biotechnol Biochem. 201175(5):991-993.	Pearl stimulates healthy bone growth and inhibits excess bone growth.  Allowed for the correct amount of bone growth, without over-growth.  (Wang X)	
Rousseau M, et al. The water-soluble matrix fraction from the nacre of Pinctada maxima produces earlier mineralization of MC3T3-E1 mouse pre-osteoblasts. Comp Biochem Physiol B Biochem Mol Biol. 2003 May;135(1):1-7	Pearl stimulates mineralization of bone 3 ½ times faster than conventional compounds. "These studies revealed that (pearl powder) stimulates osteoblast (Inner Bone Growth Cells) differentiation and mineralization by day 6 instead of the 21-day period required for cells grown in normal mineralizing media." (Rousseau, 2003)	In vitro, pearl acts 3 1/2 times faster when mineralizing bone when compared to conventional compounds used for mineralization. (Rousseau, 2003)
Cognet JM, et al. Pinctada margaritifera nacre (mother-of- pearl): physico- chemical and biomechanical properties, and in vitro cytocompatibility]. Rev Chir Orthop Reparatrice Appar Mot. 2003 Jun;89(4):346-52.  (#4)	Pearl made new collagen in inner bone. (Cognet)	
Kim H, et al. The role of nacreous factors in	"Anti-osteoporotic agents	Unlike any other

preventing osteoporotic bone loss through both osteoblast activation and osteoclast inactivation. Biomaterials. 2012 Oct;33(30):7489-96. doi: 10.1016/j.biomaterials. 2012.06.098. Epub 2012 Jul 16.	that are able both to inhibit bone resorption and to stimulate bone formation are not available."  Our findings thus show that the components of a natural material [pearl] have beneficial effects on bone remodeling that are mediated through regulation of both osteoblast and osteoclast function." (Kim, 2012)	material (except maybe red algae), pearl acts on BOTH mechanisms of bone: inner bone growth (osteoblasts in inner bone) and outer bone resorption (osteoclasts). (Kim, 2012).
Curry JD, et al. Mechanical properties of nacre and highly mineralized bone. Proc R Society London. B. 2001. 268:107-111.  Green DW, et al. A Therapeutic Potential for Marine Skeletal Proteins in Bone Regeneration Mar. Drugs 2013, 11, 1203- 1220; doi:10.3390/md11041 203. Review.	The structure of pearl makes it amazingly tough.  Fig 1. D is microscope photo of pearl structure. You can see how regular it is.  Even though pearl is highly mineralized it is NOT brittle; it has a very high bending rate due to its layering structure of protein and minerals.  Compares bending strength and hardness of pearl with whale and bovine.  (Table 2. Curry)	Pearl is the "perfect" bone. Highly mineralized but flexible, tough and strong. (Curry)  You want bone to be bendable, not brittle.  Curry has quantitative comparisons of bendability whale, cow, pearl  Green talks about regeneration of bone with pearl/nacre.
Oliveira DV, et al. Identification of Proteins with Potential Osteogenic activity present in the water- soluble matrix proteins From Crassostrea gigas nacre using a proteomic approach. Sci World J. Volume 2012, Article	Why nacre makes an excellent bone substitute. Scientists identify the proteins in nacre. (Oliveira)	

	ID 765909, 9 pages doi:10.1100/2012/765 909  Mouriès LP, et al. Bioactivity of nacre water-soluble organic matrix from the bivalve mollusk Pinctada maxima in three mammalian cell types: fibroblasts, bone marrow stromal cells and osteoblasts. Comp Biochem Physiol B Biochem Mol Biol. 2002 May;132(1):217-29.  Research summary.	In vivo and in vitro studies provide strong evidence of the osteogenic (bone growth) activity of nacre obtained from Pinctada maxima [nacre]. (Mouries)  Pearl provides calcium, protein, essential amino acids, amino acids, vitamins, plus 50 other minerals	There is strong scientific evidence that pearl stimulates bone growth.
Marine Plant Blend (Brown Seaweed Extract) 75 mg	Velasco-Vázquez J, et al. Bone histology of prehistoric inhabitants of the Canary Islands: comparison between El Hierro and Gran Canaria. Am J Phys Anthropol. 1999 Oct;110(2):201-13.	Marine diet is healthier for bone. Canary Islands comparison between islands; ancient bones pre-Spanish: bones of agricultural diet riddled with holes and crumbly; bones of marine diet, virtually no bone problems.  Canary Islands is at the crossroads of ocean	Comparison of two islands: one ate "marine based diet" and one didn't – ate agricultural foods. The Marine Based Diet skeletons had virtually no bone deterioration – no holes, no crumbling. The Agriculture Diet – half the skeletons were riddled with holes and crumbling

		currents that brings crucial seaweed to the islands. Known for its brown seaweeds containing fucoidans.	bones.
epic oste Taiv Epic	Shaw. An demiologic study of coporosis in van. Annals of demiology 1993; 3(3):264-71.	In a multiple linear regression analysis of BMD, significant variables were years since menopause, age, body mass index, and seaweed diet.	Univ of Michigan researcher found that the key dietary variable to prevent osteoporosis in women in Taiwan was eating seaweed.
Pote low-fucc from bon oste prop Mat 1;87	ngotade SI, et al. ential effects of a -molecular-weight bidan extracted in brown algae on e biomaterial ecconductive perties. <u>Biomed</u> ter Res A. 2008 Dec 7(3):666-75. doi: 1002/jbm.a.31819.	Fucoidans (in brown seaweed species):  In vitro. Low molecular weight fucoidan promotes human osteoblast proliferation and collagen type I expression and favors precocious alkaline phosphatase activity. (Changotade)	Brown seaweeds promote collagen and inner bone growth.
al. I of fu oste cell Foo	ng-Sook Choa, et Beneficial effects ucoidan on coblastic MG-63 differentiation. d Chemistry. 2009 . 116(4): 990-994.	Fucoidan extracted from the marine brown alga <i>Undaria pinnatifida</i> , significantly induced osteoblastic cell differentiation	
Trea Alga 32. Ven text Ngu Mar ther for 0 via 0	yen MH, et al. rine algae possess rapeutic potential Ca-mineralization osteoblastic	review of marine algae and osteoporosis.  Marine algae support mineralization by stimulating inner bone growth.	
F00 201 10.1	erentiation. <u>Adv</u> d <u>Nutr Res.</u> 1;64:429-41. doi: 1016/B978-0-12- 669-0.00033-8.		

Phosphorus 38 mg Vitamin D3 1000 IU	Guyton, Arthur C. Textbook of medical physiology, 9th Ed. 1996.  Vitamin D Council http://www.vitamindc ouncil.org/	The crystalline salts deposited in the organic matrix of bone are comprised of calcium and phosphate (phosphorus)  Vitamin D enhances phosphate (phosphorus) absorption via the gastrointestinal tract.  Needed for healthy bone formation. 93% of Americans deficient. *  Needed to help grow new bones (osteoblasts)  Enhances bone building activity of K2 and Red Algae (Aquamin)	Vitamin D3 enhances effectiveness of both K2 and Red Algae minerals.
	Busse B, et al. Vitamin D deficiency induces early signs of aging in human bone, increasing the risk of fracture. Sci Transl Med. 2013 Jul 10;5(193):193ra88. doi: 10.1126/scitranslmed. 3006286  [info on D3 and bones. It's well accepted as required for healthy bones.]	Vitamin D3 deficiency speeds up bone aging and fractures.	
Vitamin K2 50 mcg	https://ods.od.nih.gov /factsheets/VitaminK- HealthProfessional/ . Accessed Apr 23, 2018.	Vitamin K is a co-enzyme for Vitamin K dependent carboxylase, an enzyme required for bone metabolism.  Osteocalcin is a vitamin K dependent protein that may be involved in bone	

		The MK-7 form of Vitamin K2 is well absorbed and has a longer half-life than Vitamin K1  Studies associate higher Vitamin K intakes with higher bone mineral density and reduced fractures.  A clinical study found that supplementing with the MK-7 form of Vitamin K improved bone strength in post-menopausal women	
Boron 3 mg	17. Hendler SS. PDR for Nutritional Supplements, 2nd Edition. 2008.	Boron has anti-osteoporotic activity  In one human study, boron substantially increased serum levels of Vitamin D3  Optimal intake of Boron is 2-3 mg per day	