

Nutrition Facts

Serving Size: 1 Bar (37g)

Servings Per Container: 6

Amount Per Serving**Calories** 130

Calories from Fat 20

% Daily Value***Total Fat** 2.5g**4%**

Saturated Fat 0g

0%*Trans* Fat 0g**Cholesterol** 0mg**0%****Sodium** 85mg**4%****Total Carb.** 27g**9%**

Dietary Fiber 3g

10%

Sugars 16g

Protein 2g

Vitamin A

0%

•

Vitamin C

20%

Calcium

2%

•

Iron

2%

Thiamin

10%

•

Riboflavin

10%

Niacin

10%

•

Vitamin B6

10%

Folate

10%

•

Vitamin
B12

10%

Selenium

50%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories:

2,000

2,500

Total Fat

Less than

65g

80g

Sat Fat

Less than

20g

25g

Cholesterol

Less than

300mg

300mg

Sodium

Less than

2,400mg

2,400mg

Total Carbohydrate

300g

375g

Dietary Fiber

25g

30g